

# Mpowering Entrepreneur Activity Tracker

Make a hash mark each time you do any of the items below. Add up your hash marks each day. Compare your results at the end of the week with your intention at the beginning of the week. Share your score with your Accountability Partner.

## My Intention for the Week:

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Total
<b><u>My Training/Belief Building</u></b>								
I visualized my goals - 10 minutes								
I met/talked with Mentor/Coach								
I read from an inspiring book - 15 min								
I met with my Accountability Partner								
I used affirmations to retrain my brain								
<b>Total</b>								
<b><u>My Daily Business Habits</u></b>								
I kept track of my finances								
I was on time to my meetings								
I organized my files/office								
I practiced my craft - 30 min								
I contacted a partner/affiliate/resource								
I followed up w/ partner/affiliate/resource								
I got a new client/customer/sale								
I completed a project								
Viewed industry related article/video								
<b>Total</b>								
<b><u>Growing My Business</u></b>								
I attended a networking event								
I asked for a referral								
I found a new partner/affiliate/resource								
<b>Total</b>								
<b>Daily Total</b>								

## My Results for the Week: